

8–13 MARCH 2026 | COLOMBO, SRI LANKA

# SEEP at NOREC Preparatory Training

## Social and Economic Enhancement Programme – SEEP participated in the NOREC Preparatory Training 2026, held in Colombo, Sri Lanka.

The training brought together representatives from various partner organisations across different countries, creating a valuable platform for **knowledge sharing, cross-cultural learning, and professional development.**

The programme aimed to prepare participants for their upcoming exchange by strengthening their understanding of **roles, responsibilities, and the broader objectives of the NOREC exchange initiative.**

### Training Sessions

Throughout the training, participants engaged in a series of structured and interactive sessions covering key areas such as:

- Human rights & ethical practices
- Safeguarding
- Mental preparedness
- Effective communication
- Understanding local contexts

These sessions provided both **practical insights and conceptual understanding** to support participants in adapting to diverse environments.



### Climate & Sustainability Session

As part of the thematic workshops, SEEP representatives attended the **Climate and Sustainability session**, which focused on:

- Environmental challenges
- Sustainable practices
- Community-level adaptation

The session encouraged **active participation and reflection** on promoting sustainability within local contexts.

## Exposure Visit

An exposure visit was also organised, allowing participants to experience **local livelihoods and culture** through visits to a local market, a dried fish processing centre, river-based fishing activities, and a Buddhist temple in **Negombo**.

## Closing Ceremony

The programme concluded with a **reflection and evaluation session**, followed by a **certificate distribution ceremony** and a **cultural event**, where participants from different countries showcased their cultural heritage.



**SEEP expresses its sincere appreciation to NOREC** for organising this well-structured and impactful training, which has strengthened participants' preparedness for the upcoming exchange programme.



#SEEP

#NOREC

#CAPACITYBUILDING

#EXCHANGEPROGRAMME

#SUSTAINABLEDEVELOPMENT

#CLIMATEACTION